

Building a Climate Resilient Food System in Plymouth County, 2024-2026

Plymouth County CARAT

Theme 2: Community Health and Wellbeing

Wednesday, August 27th 2025



OLD COLONY
PLANNING COUNCIL



MVP
Municipal Vulnerability
Preparedness



MARION
INSTITUTE

Beth Israel Lahey Health
Beth Israel Deaconess Plymouth



Agenda

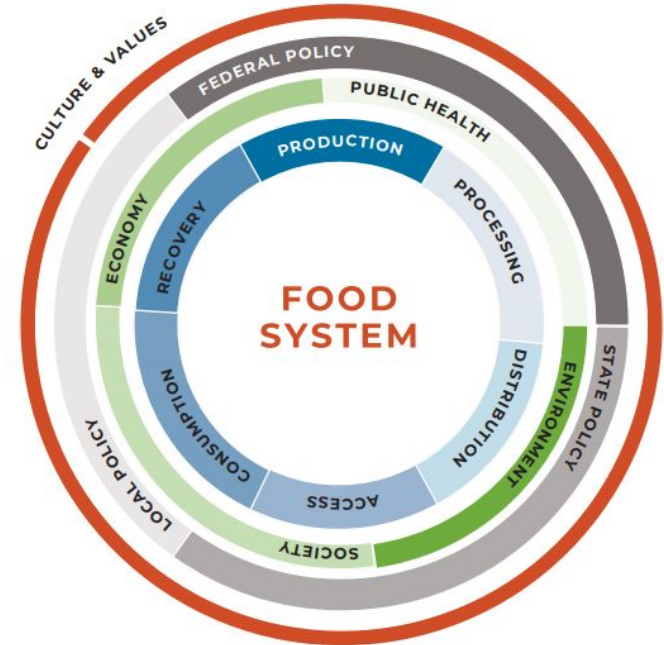
1. Introductions
Including this week's Icebreaker in the Chat: Favorite Plymouth County Natural Resource
2. Why we are here
3. How this meeting will work
4. Meeting Guidelines
5. Launch into Theme 2

Welcome and Introductions

1. Please change your Zoom screen name to:

First and Last Name, Organization

2. Please put your **Name, Organization, and role (or roles) in the Food System** into the chat



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Icebreaker in the Chat: Favorite Plymouth County Natural Resource

Welcome and Introductions

Building a Climate Resilient Food System in Plymouth County, 2024-2026

Old Colony Planning Council, Project Lead

Joanne Zygmunt, Senior Planner

Bill Napolitano, Resilience and Sustainability Planner

Plymouth County, Project Partner

Frank Basler, Administrator

Marion Institute, Project Partners and CARAT facilitators

Liz Wiley, Executive Director

Rita Higgins, Food Access and Innovation

Christine Smith, Southcoast Food Policy Council Coordinator

Project Overview

Building a Resilient Food System in Plymouth County, 2024-2026

“a regional effort to strengthen the local food system to gain a deeper understanding of the region’s food-related challenges and develop a comprehensive plan to address them.” - *OCPC website, Food Resiliency*



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Why CARAT?



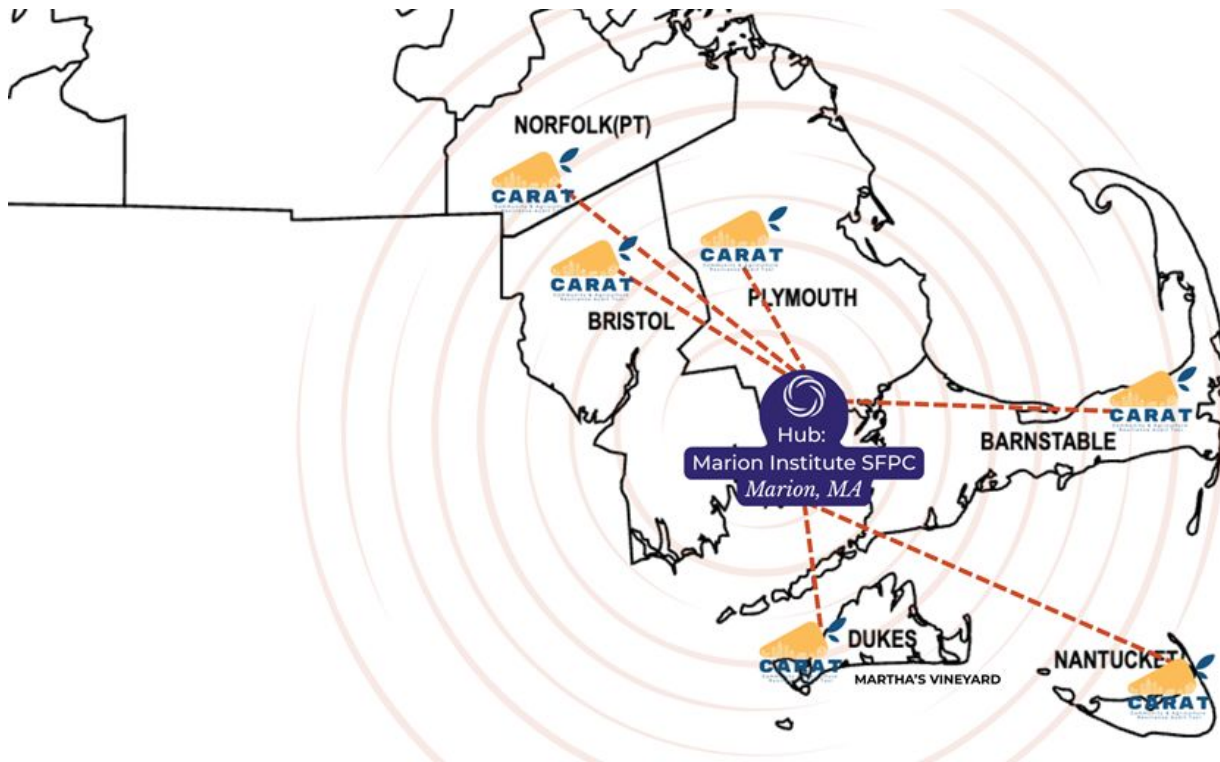
Asset Mapping

3 key steps:

- Discover the assets
- Connect the assets together
- Create opportunities to mobilise these assets to be productive and powerful together.



Why CARAT



Community Advisory Board

Purpose

Identify and then score the resources in Plymouth County related to each of the 101 indicators

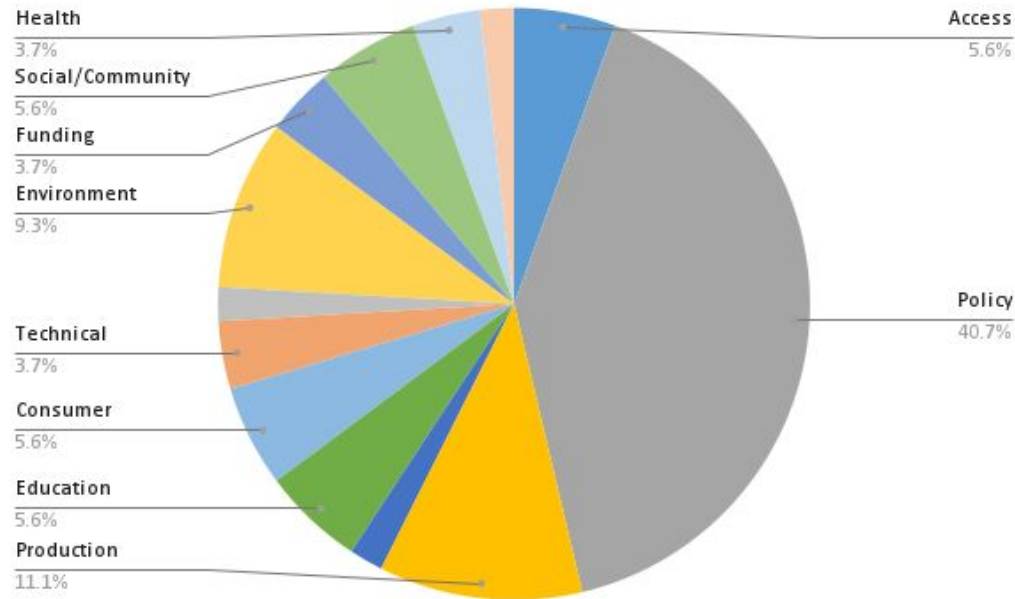
Who

A diverse cross section of county and state stakeholders

Role

Share knowledge and insights related to each indicator

Community Advisory Board



CAB By Food System Role

Core Themes



1. Natural Resource Management, Use, Conservation, and Preservation of Ecosystems and Farmland
2. **Community Health and Well-Being**
3. Community Self-Reliance in Food
4. Distributed and Democratic Leadership
5. Focus on Local Farmers, Food Processors, and Food Distributors
6. Food Sovereignty
7. Place-Based Economics

The CARAT Tool



101 Indicators

Protecting and Preserving Farmland

Select a question to view and edit its details

• Indicator 1

Completed

X

We have policies, practices, or programs that protect farmland from nonfarm development.

📄 5 documents

• Indicator 2

We have policies, practices, or programs that support water quality, water conservation, and watershed management.

📄 3 documents

The CARAT Tool

Scoring



Community Advisory Board Guidelines

- **Everyone has a chance to contribute**
- **Minimize multi-tasking**
- **Be open to other perspectives, opinions, and conversation**
- **Keep your camera on, mic muted if you have lots of background noise**
- **Chime in, raise your hand or add comments to the chat when you have information on an indicator**

02: Community Health and Well-being

- A. Improving citizen wellness through enhanced access to nutritious, affordable, and culturally appropriate foods
- B. Encouraging attention to food production and accessibility in disaster and emergency management and planning



Icebreaker: Favorite Plymouth County Natural Resource....